Starting Conversations with Positive Comments and Compliments

Offering friendly comments and giving sincere compliments are two ways to start conversations with other people. A comment is a statement about something that you notice, such as, "It sure is cold today" or "I like this kind of pizza." A compliment is a positive statement about another person, such as, "I like your hair" or "Wow, you are a good soccer player!"

Practice thinking of and giving comments and compliments by playing the following game, either alone or with someone else. Color the heart, star, flower and bird and cut them out. These are the game pawns. Flip a coin to determine how many spaces to move. If the coin lands on "heads," move one space. If the coin lands on "tails," move two spaces. When a player reaches FINISH, the game is over. Every player who has learned one new way to start a conversation is a winner.



